



November 16, 2007

Give Me a G

Guide to the Green Life



If the idea of going green conjures images of hairy legs and stinky armpits, think again. You can do your part – without compromising hygiene.

Trim the Edges

Turn off the shower while shaving to save gallons. And pick up [Recycline's Preserve razors](#). Sixty-five percent of the plastic used in the ergonomic razors is made from recycled Stonyfield Farm yogurt cups, and they come with a postage-paid envelope in case your recycling center doesn't accept No. 5 plastics.

Make Things Up

Western Massachusetts-based [Sukicolor](#)'s makeup combines ingredients like organic sunflower seed oil, beeswax, and white willow. The Sukipure [skin care line](#) uses natural botanicals in products like lemongrass exfoliating cleanser and velvet facial cream.

Get Bundled

Donate gently used blankets to [Goodwill](#) ([Zoots](#) is a drop-off location), then snuggle up with a new comforter from [Will](#), a natural wool and cotton bedding line. Without synthetics, there's no off-gassing, and the extra warmth means you can lower your heat at night. Their new shop opens tomorrow (89 West Concord Street, South End; 877-458-8985).

That should bring things down to earth.

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